

# ACUPUNCTURE NEW PATIENT INTAKE

Date: \_\_\_\_\_

Name (F) \_\_\_\_\_ (M) \_\_\_\_\_ (L) \_\_\_\_\_

Sex: M / F    AGE: \_\_\_\_\_    DOB \_\_\_\_\_    Height: \_\_\_\_\_    Weight: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_    State: \_\_\_\_\_    Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_    Cell Phone: \_\_\_\_\_

Cell carrier to receive a text for confirmation calls \_\_\_\_\_    Email Address: \_\_\_\_\_

Marital Status: Single / Married / Divorced / Widowed / Other (circle one)    Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_    Phone: \_\_\_\_\_

Whom may we thank for referring you? \_\_\_\_\_

Family Physician: \_\_\_\_\_    Phone #: \_\_\_\_\_

## Present Medical History

### Past Medical History

- Stroke
- Diabetes
- Heart Disease
- High Blood Pressure
- Low Blood Pressure
- Arthritis
- Anemia
- Epilepsy
- Kidney Disease
- Cancer \_\_\_\_\_
- Asthma
- Other \_\_\_\_\_

### Family Medical History

(Parent, Grandparent,  
Sister/Brother)

- Cancer \_\_\_\_\_
- Diabetes
- Heart Disease
- Seizures
- Stroke
- Asthma
- Hypertension
- Hypotension
- Other \_\_\_\_\_

### Kidney

- Night Urination
- Decreased Sex Drive
- Incontinence
- Urination Problems
- Other \_\_\_\_\_

### Heart

- High Blood Pressure
- Low Blood Pressure
- Irregular Heartbeat
- Dizziness
- Chest Pain
- Swelling of hands or feet
- Other \_\_\_\_\_

### Sleep

- Night Sweating
- Insomnia
- Excessive Dreams
- Cold Hands or Feet
- Oversleep
- Palpitations
- Poor Memory
- Easily Awaken
- Other \_\_\_\_\_

### Ears, Eyes & Nose

- Ringing ears
- Hearing Loss
- Ear Pain
- Congested nose
- Runny nose
- Eye Pain
- Blurred vision
- Watery eyes
- Itchy eyes
- Other \_\_\_\_\_

### Lung

- Cough
- Cough with Blood
- Asthma
- Bronchitis
- Pneumonia
- Common Cold
- Loss of voice
- Sinus Problems
- Phlegm
- Sore Throat
- Pain with deep Breath
- Difficulty in Breathing
- Other \_\_\_\_\_

### Other

- Easily Upset
- Headaches
- Facial Redness
- Easily Sigh
- Bitter Taste in mouth
- Pain in the Ribs
- Dizziness
- Twitching or Spasm of Muscles
- Brittle Nail
- Numbness
- Hair Loss
- Joint Pain
- Edema (water retention)
- Bruise(easily)
- Other \_\_\_\_\_

### Spleen & Stomach

- Stomach Pain
- Gas Fullness
- Heartburn
- Over Acids
- Nausea
- Vomiting
- Belching
- Indigestion
- Foul Breath
- Prolapsed
- Constipation
- Hemorrhoids
- Loose Stool
- Diarrhea
- Abdominal Distention
- Abdominal Pain or Cramps
- Fatigue
- Thirsty
- Other \_\_\_\_\_

Appetite: \_\_\_\_\_

Digestion: \_\_\_\_\_

Bowel Movement : \_\_\_times/day

### For Men

- Prostate Infection
- Prostate cancer
- Enlarged Prostate
- Impotency
- Other \_\_\_\_\_

Are you taking any medications? Y/N What kind ?

1 \_\_\_\_\_ to treat \_\_\_\_\_

2 \_\_\_\_\_ to treat \_\_\_\_\_

3 \_\_\_\_\_ to treat \_\_\_\_\_

4 \_\_\_\_\_ to treat \_\_\_\_\_

5 \_\_\_\_\_ to treat \_\_\_\_\_

6 \_\_\_\_\_ to treat \_\_\_\_\_

7 \_\_\_\_\_ to treat \_\_\_\_\_

8 \_\_\_\_\_ to treat \_\_\_\_\_

9 \_\_\_\_\_ to treat \_\_\_\_\_

10 \_\_\_\_\_ to treat \_\_\_\_\_

Allergies (seasonal/food/animal): \_\_\_\_\_

Use of alcohol: Never / Rarely / Moderate / Daily    Use of Tobacco: Never / Rarely / Moderate / Current? Packs/day: \_\_\_\_\_

Use of drugs: Never/Rarely/Moderate/Daily    Type \_\_\_\_\_

Previous Hospitalizations/Surgeries/Serious Illnesses? When?

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CHIEF COMPLAINTS: \_\_\_\_\_

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### **FOR WOMEN**

#### **Menstruation**

- None (when stopped \_\_\_\_\_)
  - Abdomen Pain
  - Low Back Pain
  - Breast Pain
  - Excessive Amount
  - Normal Amount
  - Hot Flash
  - Little Amount
  - Clots
  - Color: \_\_\_\_\_
  - Length of Periods \_\_\_\_\_ days
  - Length of each cycle \_\_\_\_\_ days
  - Other Symptoms: \_\_\_\_\_
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#### **Discharge**

- Color: \_\_\_\_\_
- Amount: \_\_\_\_\_
- Other: \_\_\_\_\_

#### **Menopause**

- Hot Flash
- Night sweating
- Other: \_\_\_\_\_

#### **Pregnancy**

- Number of Pregnancies: \_\_\_\_\_
- Births: \_\_\_\_\_
- Premature Births: \_\_\_\_\_
- Abortions: \_\_\_\_\_

#### **Other symptom or Diagnoses:**

Miscarriages: \_\_\_\_\_ C-Sections: \_\_\_\_\_ Other: \_\_\_\_\_