

Massage Therapy Client Intake Form

Date: _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Cell carrier to receive a text message for confirmation calls: _____

Email Address: _____

Date of Birth: ____/____/____ Sex: Male Female Marital Status: Single Married Other

How did you hear about us? _____

In case of Emergency, Please Notify:

Name: _____ Telephone #: _____

What are your goals for this treatment? _____

Present Symptoms: What is your major complaint or condition you want to improve? _____

What activities and products have you used to address this condition? _____

Are you under medical/therapeutic treatment? Yes No If yes, for what condition?

List any medications (including Aspirin) and nutritional supplements you are taking:

Specify any known allergies: _____

Please list any additional comments regarding your skin care or general well being:

I understand that as a massage client, I am required to give at least twenty-four (24) hours notice to a cancellation prior to my scheduled massage. I also understand that if I do not give at least twenty-four hours notice that I will be charged a fee of \$25 an hour. This cancellation policy has been implemented with the hopes of alleviating the amount of last minute cancellations and no-shows that happen, which directly affect the stability of the massage therapists' income. PLEASE INITIAL _____

Health History

Check the following conditions that apply to you, past and present.
Please add your comments to clarify the condition.

Musculo-Skeletal

- Headaches
- Joint Stiffness/Swelling
- Spasms/Cramps
- Broken/Fractured Bones
- Strains/Sprains
- Back, Hip Pain
- Shoulder, Neck, Arm, Hand Pain
- Leg, Foot Pain
- Chest, Ribs, Abdominal Pain
- Problems walking
- Jaw Pain/TMJ
- Tendonitis
- Bursitis
- Arthritis
- Osteoporosis
- Scoliosis
- Bone or Joint Disease
- Other: _____

Circulatory and Respiratory

- Dizziness
- Shortness of Breath
- Fainting
- Cold Feet or Hands
- Cold Sweats
- Swollen Ankles
- Pressure Sores
- Varicose Veins
- Blood Clots
- Stroke
- Heart Condition
- Allergies
- Sinus Problems
- Asthma
- High Blood Pressure
- Low Blood Pressure
- Lymphodema
- Other: _____

Skin

- Rashes
- Allergies
- Athlete's Foot
- Warts
- Moles
- Acne
- Cosmetic Surgery
- Other: _____

Digestive

- Nervous Stomach
- Indigestion
- Constipation
- Intestinal Gas/Bloating
- Diarrhea
- Diverticulitis
- Irritable Bowel Syndrome
- Crohn's Disease
- Adaptive Aids
- Other: _____

Nervous System

- Numbness/Tingling
- Twitching of Face
- Fatigue
- Chronic Pain
- Sleep Disorders
- Ulcers
- Paralysis
- Herpes/Shingles
- Cerebral Palsy
- Epilepsy
- Chronic Fatigue Syndrome
- Multiple Sclerosis
- Muscular Dystrophy
- Parkinson's Disease
- Spinal Cord Injury
- Other: _____

Reproductive System

- Pregnancy:
 - Current
 - Previous
- PMS
- Menopause
- Pelvic Inflammatory Disease
- Endometriosis
- Hysterectomy
- Fertility Concerns
- Prostate Problems

Other

- Loss of Appetite
- Forgetfulness
- Confusion
- Depression
- Difficulty Concentrating
- Drug Use _____
- Alcohol Use _____
- Nicotine Use _____
- Caffeine Use _____
- Hearing Impaired
- Visually Impaired
- Burning Upon Urination
- Bladder Infection
- Eating Disorder
- Diabetes
- Fibromyalgia
- Post/Polio Syndrome
- Cancer
- Infectious Disease(please list)

- Other Congenital or Acquired Disabilities (please list)

- Surgeries _____
- Other: _____

Please list any additional comments regarding your health and well-being: _____

I have stated all conditions that I am aware of and this information is true and accurate. I will inform the health care provider of any changes in my status.

Client's Signature: _____ Date: _____

